

Biotinal CP Tablet for hair growth

Biotin 10 mg + N-Acetyl Cysteine (NAC) 50 mg + Calcium Pantothenate 100 mg + Selenium 65 mcg + Elemental Copper 3 mg + Elemental Zinc 22.5 mg Tablet

Formulation:

Oral tablet containing a combination of essential vitamins, amino acids, and minerals.

Key Ingredients and Their Benefits:

- 1. Biotin (10 mg)**
 - Supports **healthy hair, skin, and nails** by aiding in keratin production.
 - Plays a role in **metabolism** of carbohydrates, proteins, and fats.
 - Helps prevent hair loss and brittle nails.
- 2. N-Acetyl Cysteine (NAC) (50 mg)**
 - A potent antioxidant that promotes **detoxification** and protects against oxidative stress.
 - Supports **hair follicle health** and overall skin wellness.
 - Helps boost **glutathione** levels, a key antioxidant.
- 3. Calcium Pantothenate (100 mg)**
 - A form of **Vitamin B5** that aids in the synthesis of coenzymes and hormones.
 - Helps reduce **hair loss** and supports healthy skin.
 - Plays a role in energy production and **cellular metabolism**.
- 4. Selenium (65 mcg)**
 - A powerful antioxidant that supports hair and scalp health.
 - Helps protect cells from damage caused by **free radicals**.
 - Essential for thyroid function and **immune system health**.

5. Elemental Copper (3 mg)

- Essential for producing **melanin**, the pigment that gives hair and skin their color.
- Helps in the formation of **collagen** and promotes skin elasticity.
- Supports red blood cell production and **iron metabolism**.

6. Elemental Zinc (22.5 mg)

- Crucial for hair growth, wound healing, and immune function.
 - Helps prevent **hair thinning** and promotes overall scalp health.
 - Plays a role in protein and DNA synthesis.
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Uses:

- **Promotes Hair Growth:** Strengthens hair follicles, reduces hair fall, and supports new hair growth.
 - **Enhances Skin and Nail Health:** Maintains healthy skin texture and prevents brittle nails.
 - **Antioxidant Support:** Protects against oxidative stress and free radical damage.
 - **Boosts Overall Wellness:** Supports metabolic function, immune system, and energy production.
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Dosage:

- **Recommended Dose:** 1 tablet daily or as directed by a healthcare professional.
 - Take with a glass of water, preferably after meals.
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Precautions:

- Consult your doctor before use if you are:

- **Pregnant or breastfeeding**
 - Suffering from any medical condition (e.g., liver or kidney disease)
 - Taking medications for **thyroid disorders** or **antioxidant supplements**
 - Do not exceed the recommended dose.
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Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for

Side Effects:

- **Common:**
 - Nausea
 - Mild gastrointestinal discomfort
- **Rare:**
 - Allergic reactions (rash, itching, swelling)
 - Metallic taste in the mouth

Discontinue use and seek medical advice if side effects persist or worsen.

Drug Interactions:

- May interact with:
 - **Antibiotics** (e.g., tetracyclines)
 - **Antacids**
 - **Thyroid medications**

Inform your healthcare provider of all medications and supplements you are taking.

Storage:

- Store at **20°C to 25°C** (68°F to 77°F).
 - Protect from **light** and **moisture**.
 - Keep out of reach of children.
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Note:

This supplement supports hair, skin, and overall health. It should be taken as part of a balanced diet and healthy lifestyle. Consult your healthcare provider for personalized advice.